

RECIPE BOX

VEGETABLE TOMATO MARINARA SAUCE

INGREDIENTS

- 1 tablespoon olive oil
- 3 garlic cloves, minced
- 1 medium onion, diced
- 2 carrots, peeled, diced
- 1 zucchini, diced
- 1 teaspoon Italian seasoning
- 1/2 teaspoon crushed red pepper flakes
- 1/4 cup tomato paste
- 2 (28-ounce) cans crushed tomatoes
- 1 tablespoon low-sodium soy sauce or tamari
- 1 teaspoon kosher salt
- 1/2 teaspoon freshly ground black pepper, plus more to taste
- Chopped parsley and basil, optional

DIRECTIONS

Heat olive oil in large Dutch oven over medium heat. Add garlic, onion, carrots and zucchini. Sauté until tender, 5-6 minutes. Add the Italian seasoning and red pepper flakes. Cook for an additional 30 seconds. Stir in tomato paste and cook about 1 minute. Add crushed tomatoes and soy sauce. Stir to blend. Reduce heat to low, cover and simmer for 30-60 minutes. Remove Dutch oven from heat. Season with salt and pepper. *Note: Sauce can be put in a blender in small batches and processed until smooth, if desired. Serve with parsley and basil. Serves 8.*

This recipe is shared for EMCs courtesy of Chef Abbie Gellman of culinarynutritioncuisine.com. Did you know your recipe is worth \$20 if chosen? Send your best recipes to kimb@tri-countyemc.com or mail to P.O. Box 487, Gray, GA 31032.

OPERATION ROUNDUP SCHOLARSHIPS AWARDED

In addition to awarding grants each quarter, the Tri-County EMC Foundation also awards scholarships to two deserving students in the service area twice per year. The scholarships are worth \$1,000 and are awarded based on academics, financial need and service to others. Special consideration is given to non-traditional students who are working full or part-time and have returned to school. Congratulations to the Fall 2019 Operation Roundup Scholarship recipients. (47527001)



LESLIE BENNETT

Leslie is from Jones County and currently attends Shorter University. She has volunteered with Discipleship Now Fuge Camps as their video producer. She is also active in the Baptist Collegiate Ministry as the discipleship coordinator. She is an honor student and is majoring in youth ministry with a minor in professional writing. After graduation, she plans to attend seminary and ultimately become a youth minister.



TERRY ADKINS-CHATFIELD

Terry is from Jones County and currently attends Fort Valley State University. He has volunteered with Habitat for Humanity, Loaves and Fishes, Jones County Senior Center, and Ronald McDonald House. He also serves as a mentor to elementary school students through the National Society of Black Engineers. Terry is majoring in Biology and plans to become a plastic surgeon specializing in reconstruction.

FUTURE SCHOLARSHIP DEADLINES:

- Walter Harrison Scholarship: Due February 1
- Operation Roundup Scholarship: Due April 15
- Cooperative Scholarship: Due April 15
- Information on all scholarships can be found at www.tri-countyemc.com/scholarships-overview.cms

ACCOUNTNUMBER

Did you find your Tri-County EMC account number? Three random account numbers are hidden in each issue of Current Lines. Find your complete account number inside parentheses in this issue of Current Lines for a \$50 bill credit. Call us at 478.986.8126 to claim your credit.



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EMC**

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CURRENT LINES

Monthly Publication for
Tri-County EMC Members



Tri-County
EMC

CURRENT LINES

DECEMBER 2019

THIS MONTH'S NEWS

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HAPPY HOLIDAYS TO YOU!

A Message from CEO Ray Grinberg

The holidays offer an opportunity to slow down and reflect. For all of us at Tri-County EMC, we are grateful for you, our co-op members. While our main focus is providing safe, reliable energy, we also want to give back. We want to help our community thrive.

In looking back at this past year, I'm grateful that we were able to make a positive impact in the community. Through Operation Roundup, thanks to your contributions, we distributed \$38,000 to benefit projects for non-profit organizations in our service area.



We were also grateful for the opportunity to partner with local schools to raise awareness of the importance of electrical safety, educate students about cooperative careers and award grant funds to our teachers through the Bright Ideas Grant program. In addition, we awarded \$10,000 in scholarship funds to local students.

Looking ahead to 2020, we hope you will share your opinions with us. We recognize that our members have a valuable perspective, and that's why we continually seek your input through member surveys. We are led by you – the members of the co-op – and we depend on your feedback.

As we prepare for next year, we look forward to the opportunity to serve you and the greater community. On behalf of the Tri-County EMC family, we hope your holidays are merry and bright!

CHRISTMAS CARD ART CONTEST

Students in grades Kindergarten through 5th were invited to participate in the Tri-County EMC Christmas Card Art Contest. Nearly 200 entries were submitted, and the top three submissions are shown below. The first place artwork will be featured on the Tri-County EMC Christmas Card.

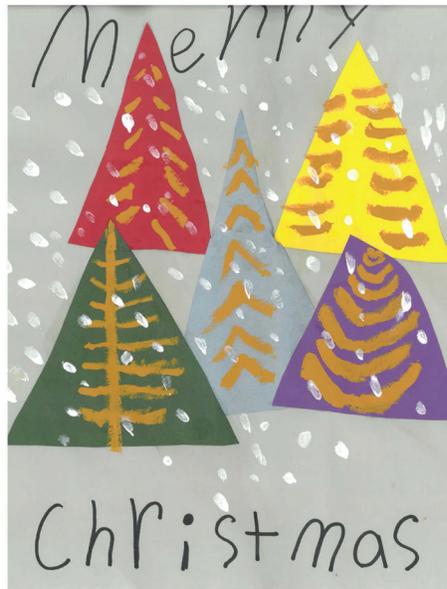
In addition to the winners shown here, a winner was chosen for each grade level as well. All winning artwork can be seen on our website at www.tri-countyemc.com/christmascardartcontest.cms. Wining artists will be awarded in their classrooms. All artwork submitted will be donated to a local nursing home during the Christmas season.



1ST PLACE

ENSLEY BARNES

5th Grade, Turner Woods Elementary



2ND PLACE

COOPER SNOOK

4th Grade, Gray Elementary



3RD PLACE

KELLSEY ORTEGA

3rd Grade, Putnam County Elementary

WALTER HARRISON SCHOLARSHIP APPLICATIONS DUE FEBRUARY 1

ABOUT OPERATION ROUNDUP:

The Walter Harrison Scholarship is open to all undergraduate college students whose primary household is served by an EMC. A panel of judges from Tri-County EMC will select one undergraduate semi-finalist to compete for a \$1,000 scholarship at the state level. A combination of need and academic ability will be used to determine winners. The scholarship must be used in Georgia. (17251001)

Tri-County EMC must receive applications by February 1. The award honors the late Walter Harrison, a pioneer in the rural electrification movement. Visit www.tri-countyemc.com/walterharrison.cms for more information and to download the application.



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BE MERRY AND BRIGHT

A Guide to Lighting Labels

These days, consumers have endless options when it comes to purchasing light bulbs, but the labels can be confusing. Use the information below as a helpful guide for browsing bulbs.

READ THE LABEL

Under the Energy Labeling Rule, all light bulb manufacturers are required to give consumers key, easy-to-understand information on bulb efficiency. Take advantage of the Lighting Facts label, which gives you the information you need to buy the most efficient bulb to meet your needs. The label includes information on the bulb's brightness, energy cost, life, light appearance and energy used.

SAVE ENERGY

Bulbs are available in many shapes and sizes to fit your home's needs. Choosing more efficient bulbs can help reduce energy consumption and save you money!

- LEDs use 25%-30% of the energy and last eight to 25 times longer than halogen incandescent bulbs.
- Purchase ENERGY STAR-rated bulbs to maximize energy efficiency.

BUY LUMENS, NOT WATTS

Lumens measure the amount of light produced by the bulb. Watts measure energy consumption. Tip: To replace a 100-watt incandescent bulb, look for a bulb that produces about 1,600 lumens.

Lighting Facts

Per Bulb

Brightness	655 lumens
Estimated Yearly Energy Cost	\$1.08
Based on 3 hrs/day 11c/kWh Cost depends on rates and use	
Life	22.8 years
Based on 3 hrs/day	
Light Appearance	<div style="display: flex; justify-content: space-between; font-size: x-small;"> Warm Cool </div> <div style="text-align: center; margin-top: 5px;"> <p>2700 K</p> </div>
Energy Used	9 watts

Source: U.S. Department of Energy

WASHINGTON YOUTH TOUR APPLICATIONS AVAILABLE

Washington Youth Tour Applications are now available. If you know of a high school student looking for a life-changing summer trip, encourage them to apply for the Washington Youth Tour. A leadership and team-building experience, this all-expenses-paid trip to D.C. gives students an inside look at our nation's capital. Applications are due February 15. Students must be age 16 or older at the time of the trip and live in a home with electric service from Tri-County to apply. (62691001)

TOUR STOPS:

- Potomac River Cruise
- Tomb of the Unknowns Wreath Ceremony in Arlington Cemetery
- The U.S. Marine Drum and Bugle Corps and the Silent Drill Platoon at the Iwo Jima Memorial
- U.S. Supreme Court
- Bureau of Printing and Engraving
- Mount Vernon
- National Cathedral
- Jefferson Memorial
- Lincoln Memorial
- Washington Monument
- World War II Memorial
- Vietnam Memorial
- Korean War Memorial
- Smithsonian Institute
- Holocaust Museum
- And more!

For more information and video highlights, visit tri-county-emc.com/washingtonyouthtour.cms.



HAPPY HOLIDAYS!

Tri-County EMC offices will be closed on December 24-25 for Christmas and January 1 for New Year's Day.